USDA is an equal opportunity provider and employer. Milk Choices Daily

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Tacos Black Beans Lett/Tom/Chs Salsa Fruit Choices Cinnamon Roll

Hamburger W/Bun WK Corn Let/Tomato/Pickle Breaded Okra Chilled Fruit Fresh Fruit Choice

CKN Tenders/Roll Oven Fries Green Beans **Fruit Choices CC Cookies**

4

CF Steak/Rice/ WG Roll Baby Lima Beans Broccoli/Cheese Strawberries Fresh Fruit Choice

Labor Day Holiday

8

Turkey Stir Fry Rice W/ Veggies WW Roll Confetti Slaw Apple Crisp Fresh Fruit

Spaghetti Bake Roll Garden Salad WK Corn Cinnamon Apples Fruit Cup

10

Turkey and Dressing **Turnip Greens** Sweet Potatoes **Diced Pears** Fresh Fruit

11

Pizza Apple Spinach Salad Green Beans Fruit Mix Fresh Fruit

14

BBQ/WW Bun Broccoli/LF Dip Sweet Potato Fries Pineapple Tidbits Fresh Fruit

15

Chicken Nuggets Roll Sweet Peas Carrot Slices/Dip Mandarin Oranges Applesauce

16

Sloppy Joe/Bun Green Beans Sweet Potato Fries Pears W/Jello Fresh Fruit

17

Honey Lemon CKN W/Rice/Roll Broccoli/Cheese Creamy Coleslaw Pineapple & Orange Pinto Beans

18

Beefy Nacho Let/Tomato/Pickle Potato Rounds Green Beans Apple Crisp Fruit Choice Rice Crispy/Fruit

21

Corn Dog Potato Wedges **Baked Beans** Fresh Fruit Applesauce Cup 22

Tacos Black Beans Lett/Tom/Chs Salsa Fruit Choices Cinnamon Roll 23

Hamburger W/Bun WK Corn Let/Tomato/Pickle Breaded Okra Chilled Fruit Fresh Fruit Choice 24

CKN Tenders/Roll Oven Fries Green Beans Fruit Choices **CC Cookies**

25

CF Steak/Rice/ WG Roll Baby Lima Beans Broccoli/Cheese Strawberries Fresh Fruit Choice

28

Chicken/WW Bun Let/Tomato?Pickle Oven Fries Confetti Slaw Fruit Choice Sliced Peaches

29

Turkey Stir Fry Rice W/ Veggies WW Roll Confetti Slaw Apple Crisp Fresh Fruit

30

Spaghetti Bake Roll Garden Salad WK Corn Cinnamon Apples Fruit Cup

MANCHESTER MIDDLE SCHOOL

